

WE TEACH



KingMakers
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— BY IAS FOR IAS —

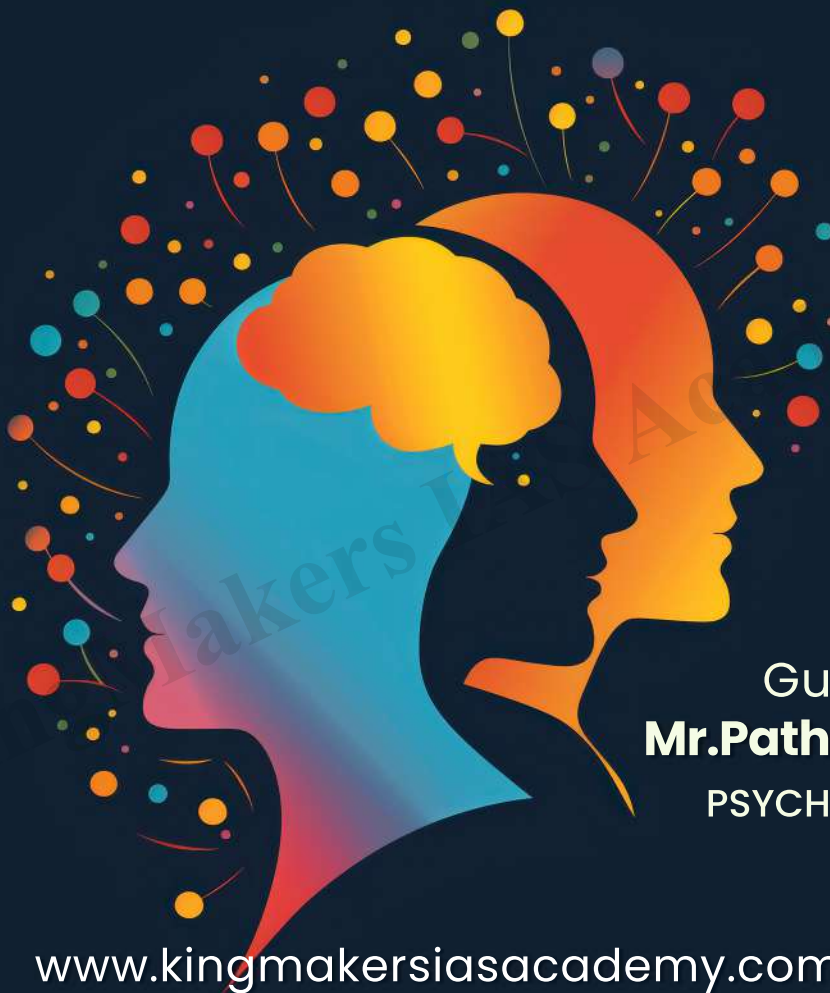
YOU REACH

PSYCHOLOGY

OPTIONAL TEST SERIES-2025

STARTS ON: JUNE 21, 2025

11 TESTS | 9 SECTIONAL TEST + 2 FULL LENGTH TEST



Guidance By
Mr. Pathways Arun Ex IPOS
PSYCHOLOGY FACULTY

www.kingmakersiasacademy.com



APPROACH AND STRATEGY

Our approach is grounded in simplicity, practicality, and precision, enabling aspirants to grasp the true demands of the UPSC examination. By continuously innovating, we ensure that the preparation process remains adaptable and personalized. We tailor our guidance based on each aspirant's core strengths, time availability, access to resources, and the specific expectations of the Civil Services Exam. Through our interactive learning methods—including expert consultations via email and phone—we provide ongoing mentorship that sharpens performance and ensures focused progress in the right direction.



FLEXIBILITY

We also offer our students the flexibility of personalized scheduling, allowing them to reschedule their tests according to their individual study plans for the examination.

SECTIONAL TEST

FULL LENGTH TEST

TOTAL NUMBER OF TEST

9

2

11

FEES : RS. 7500/-

STARTS ON: JUNE 21, 2025



METHODOLOGY

Methodology for evaluation of Answer sheet: Our expert will evaluate aspirant's



EVALUATION INDICATORS
1. Contextual Competence
2. Content Competence
3. Language Competence
4. Introduction Competence
5. Structure - Presentation Competence
6. Conclusion Competence



NOTE

- » Question cum answer booklet, approach - answer - analysis of mock test papers will be provided in PDF format For Online students.
- » Supplementary material/Reference material/Support material will be provided in PDF format.
- » Information related test discussions will be notified on telegram Group.

PSYCHOLOGY TEST SCHEDULE

 Test No.	 Date	 Units and Topics covered
Test 1	June 21,2025	PAPER – I Unit – 05 Sensation, Attention and Perception: Sensation: concepts of threshold, absolute and difference thresholds, signal-detection and vigilance; Factors influencing attention including set. and characteristics of stimulus; Definition and concept of perception, biological factors in perception; Perceptual organization–influence of past experiences, perceptual defense–factor influencing space and depth perception, size estimation and perceptual readiness; The plasticity of perception; Extrasensory perception; Culture and perception, Subliminal erception Unit – 09 Motivation and Emotion: Psychological and physiological basis of motivation and emotion; Measurement of motivation and emotion; Effects of motivation and emotion on behaviour; Extrinsic and intrinsic motivation; Factors influencing intrinsic motivation; Emotional competence and the related issues.
Test 2	June 28,2025	PAPER I Unit – 06 Learning: Concepts and theories of learning (Behaviourists, Gestaltalist and Information processing models). The processes of extinction, discrimination and generalization. Programmed learning, probability learning, self-instructional learning, concepts, types and the schedules of reinforcement, escape, avoidance and punishment, modelling and social learning Unit – 07 Memory: Encoding and remembering; Shot-term memory, Long-term memory, Sensory memory, Iconic memory, Echoic memory: The Multistore model, levels of processing; Organization and Mnemonic techniques to improve memory; Theories of forgetting: decay, interference and retrieval failure: Metamemory; Amnesia: Anterograde and retrograde. Unit – 08 Thinking and Problem Solving: Piaget’s theory of cognitive development; Concept formation processes; Information processing, Reasoning and problem solving, Facilitating and hindering factors in problem solving, Methods of problem solving: Creative thinking and fostering creativity; Factors influencing decision making and judgement; Recent trends.
Test 3	July 05,2025	PAPER – I Unit – 10 Intelligence and Aptitude: Concept of intelligence and aptitude, Nature and theories of intelligence–Spearman, Thurstone, Guilford Vernon, Sternberg and J.P. Das; Emotional Intelligence, Social intelligence, measurement of intelligence and aptitudes, concept of IQ deviation IQ, constancy of I Q; Measurement of multiple intelligence; Fluid intelligence and crystallized intelligence.

		<p>Unit - 11</p> <p>Personality: Definition and concept of personality; Theories of personality (psychoanalytical, socio-cultural, interpersonal, developmental, humanistic, behaviouristic, trait and type approaches); Measurement of personality (projective tests, pencil-paper test); The Indian approach to personality; Training for personality development; Latest approaches like big 5 factor theory; The notion of self in different traditions.</p> <p>Unit - 12</p> <p>Attitudes, Values and Interests: Definitions of attitudes, values and interests; Components of attitudes; Formation and maintenance of attitudes. Measurement of attitudes, values and interests. Theories of attitude changes, strategies for fostering values. Formation of stereotypes and prejudices; Changing other's behaviour, Theories of attribution; Recent trends.</p>
Test 4	July 12, 2025	<p>PAPER - I</p> <p>Unit - 13</p> <p>Language and Communication: Human language—Properties, structure and linguistic hierarchy, Language acquisition—predisposition, critical period hypothesis; Theories of Language development—Skinner and Chomsky; Process and types of communication—effective communication training.</p> <p>Unit - 14</p> <p>Issues and Perspectives in Modern Contemporary Psychology: Computer application in the psychological laboratory and psychological testing; Artificial intelligence; Psych cybernetics; Study of consciousness—sleep-wake schedules; dreams, stimulus deprivation, meditation, hypnotic/drug induced states; Extrasensory perception; Inter-sensory perception; Simulation studies.</p>
Test 5	July 14, 2025	<p>PAPER - I</p> <p>Unit - 1</p> <p>Introduction: Definition of Psychology; Historical antecedents of Psychology and trends in the 21st century; Psychology and scientific methods; Psychology in relation to other social sciences and natural sciences; Application of Psychology to societal problems.</p> <p>Unit - 2</p> <p>Methods of Psychology: Types of research: Descriptive, evaluative, diagnostic and prognostic; Methods of Research: Survey, observation, case-study and experiments; Characteristics of experimental design and non-experimental designs; quasi-experimental designs; Focused group discussions, brain storming, grounded theory approach.</p> <p>Unit - 3</p> <p>Research methods: Major steps in psychological research (problem statement, hypothesis formulation, research design, sampling, tools of data collection, analysis and interpretation and report writing); Fundamental versus applied research; Methods of data collection (interview, observation, questionnaire and case study). Research Designs (Ex-post facto and experimental). Application of statistical techniques (t-test, two-way ANOVA, correlation and regression and factor analysis) item response theory</p>

		<p>Unit – 4</p> <p>Development of Human Behaviour: Growth and development; Principles of development, Role of genetic and environmental factors in determining human behaviour; Influence of cultural factors in socialization; Life span development—Characteristics, development tasks, promoting psychological well-being across major stages of the life span.</p>
Test 6	July 19,2025	<p>PAPER – II</p> <p>Unit – 2</p> <p>Psychological well-being and Mental Disorders: Concept of health-ill health positive health, well being casual factors in Mental disorders (Anxiety disorders, mood disorders; schizophrenia and delusional disorders; personality disorders, substance abuse disorders). Factors influencing positive health, well being; lifestyle and quality of life; Happiness disposition.</p> <p>Unit – 3</p> <p>Therapeutic Approaches: Psychodynamic therapies. Behaviour therapies. Client centered therapy. Cognitive therapies. Indigenous therapies (Yoga, Meditation). Biofeedback therapy. Prevention and rehabilitation of the mentally ill; Fostering mental health.</p> <p>Unit – 7</p> <p>Rehabilitation Psychology: Primary, secondary and tertiary prevention programmes—role of psychologists. Organising of services for rehabilitation of physically, mentally and socially challenged persons including old persons. Rehabilitation of</p>
Test 7	July 21,2025	<p>PAPER – II</p> <p>Unit – 6</p> <p>Community Psychology: Definition and concept of Community Psychology. Use of small groups in social action. Arousing Community consciousness and action for handling social problems. Group decision making and leadership for social change. Effective strategies for social change.</p> <p>Unit – 8</p> <p>Application of Psychology to disadvantaged groups: The concepts of disadvantaged, deprivation social, physical, cultural and economic consequences of disadvantaged and deprived groups. Educating and motivating the disadvantaged towards development; Relative and prolonged deprivation.</p> <p>Unit – 11</p> <p>Psychology and Economic development: Achievement motivation and economic development. Characteristics of entrepreneurial behaviour. Motivating and Training people for entrepreneurship and economic development; Consumer rights and consumer awareness, Government policies for promotion of entrepreneurship among youth including women entrepreneurs</p>

Test 8	July 26,2025	<p>PAPER – II</p> <p>Unit – 9</p> <p>Psychological problem of social integration: The concept of social integration. The problem of caste, class, religion and language conflicts and prejudice. Nature and manifestation of prejudice between the ingroup and outgroup. Casual factors of such conflicts and prejudices. Psychological strategies for handling the conflicts and prejudices. Measures to achieve social integration.</p> <p>Unit – 12</p> <p>Application of Psychology to environment and related fields: Environmental Psychology effects of noise, pollution and crowding. Population Psychology: Psychological consequence of population explosion and high population density. Motivating for small family norms. Impact of rapid scientific and technological growth on degradation of environment</p> <p>Unit – 13</p> <p>Application of Psychology to environment and related fields: Environmental Psychology effects of noise, pollution and crowding. Population Psychology: Psychological consequence of population explosion and high population density. Motivating for small family norms. Impact of rapid scientific and technological growth on degradation of environment</p> <p>Application of psychology in other fields:</p> <ul style="list-style-type: none"> A Military Psychology: Devising psychological tests for defence personnel for use in selection, Training, counseling; training psychologists to work, with defence personnel in promoting positive health; Human engineering in defence. B Sports Psychology: Psychological interventions in improving performance of athletes and sports. Persons participating in Individual and Team Games. C Media influences on pro and anti-social behaviour. D Psychology of Terrorism. <p>Unit – 14</p> <p>Psychology of Gender: Issues of discrimination, Management of diversity; Glass ceiling effect, Self-fulfilling prophesy, Women and Indian society.</p>
Test 9	July 28,2025	<p>PAPER – II</p> <p>Unit – 1</p> <p>Psychological Measurement of Individual Differences: The nature of individual differences. Characteristics and construction of standardized psychological tests. Types of psychological tests. Use, misuse and limitation of psychological tests. Ethical issues in the use of psychological tests.</p> <p>Unit – 4</p> <p>Work Psychology and Organisational Behaviour: Personnel selection and training. Use of Psychological tests in the industry. Training and human resource development. Theories of work motivation. Herzberg, Maslow, Adam Equity theory, Porter and Lawler, Vroom; Leadership and participatory management; Advertising and marketing; Stress and its management; Ergonomics; consumer psychology; Managerial effectiveness; Transformational leadership; Sensitivity training; Power and politics in organizations.</p>

		<p>Unit – 5</p> <p>Application of Psychology to Educational Field: Psychological principles underlying effective teaching-learning process. Learning styles. Gifted, retarded, learning disabled and their training. Training for improving memory and better academic achievement. Personality development and value education. Educational, vocational guidance and Career counselling. Use of Psychological tests in educational institutions; Effective strategies in guidance programmes.</p> <p>Unit – 10</p> <p>Application of Psychology in Information Technology and Mass Media: The present scenario of information technology and the mass media boom and the role of psychologists. Selection and training of Psychology professionals to work in the field of IT and mass media. Distance learning through IT and mass media. Entrepreneurship through e-commerce. Multilevel marketing. Impact of TV and fostering value through IT and mass media. Psychological consequences of recent developments in Information Technology</p>
Test 9	August 09,2025	FULL LENGTH TEST PAPER 1
Test 10	August 09,2025	FULL LENGTH TEST PAPER 2